

HEALTH AND INSURANCE

Healthcare is very important: you may need medical assistance and, if you are not in possession of any appropriate documents, medical assistance can be very expensive.

EUROPEAN UNION citizen

European Health Insurance Card

ERASMUS Students from UE /EEA Countries must bring an EHIC (European Health Insurance Card) form with them in order to qualify for the services provided by the Italian Health Service. **The EHIC form must be requested from your home country's health service before you leave**. Public medical service guarantees coverage of costs related to medical treatment and admission to hospital.

During your first few days you should apply to:

Ufficio scelta medico di famiglia

VARESE

Azienda Sanitaria Locale (ASL)

Viale Monte Rosa, 28 (the office is open from 8.30 am to 12.00 from Monday to Friday)

COMO

Azienda Sanitaria Locale (ASL)

via Croce Rossa 1 (the office is open from 8.30 am to 12.00 from Monday to Friday)

and choose a doctor for the period of your stay.

This doctor will then be your reference point for any problem concerning your health.

The service is FREE

Visits to private approved specialists and dentists are not covered.

Accident insurance (compulsory)

Erasmus students are recommended to be supplied with insurance coverage against accidents during their whole stay in Italy. The policy should also cover any accidents that may occur during educational activities.

Insurance cover may be provided by your own University or taken out with a private insurance company.

In either case, you should produce evidence of this insurance when enrolling at the ERASMUS Office. Otherwise you will have to obtain insurance through the University of Insubria, by

paying approximately **€ 95 (six months)**, **€ 180 (twelve months)** into the University's post office account.